Welcome to our second publication of our weekly newsletter “All about Sidlow”

We have been busy gathering all of the exciting things that happen over at Sidlow, that support our learning, wellbeing and life experiences.

We will ensure a culture of integrity championing high-performance that is underpinned by our core values

HONESTY, RESPECT, COMPASSION

This week our reporting team has been a mixture of students who continue to take on the role of getting all the news and adding it to this newsletter very seriously.

STUDENT OF THE WEEK!

Winner: N

Runner up: D





What's happening this week in lessons?

English: This week in English we read a bit out off the book holes, personally I find the book interesting and enjoyable- T
In year 11 we had English mocks, everyone engaged well



Maths: Year 10's played chess with David-T
Yr 11 had Maths mocks as well-H

Topic:fact files on Judaism

What's happening this week in lessons?

Citizenship: Year 11's have worked extremely hard on completing their mock exams. Yr 10 have been looking at their political rights and KS3 have started to create their own political manifestos as part of a mock student election. Next week year 11 will be looking at the influence of media, Year 10 will continue looking at their rights this week covering employee rights while KS3 will be continuing with their manifesto.

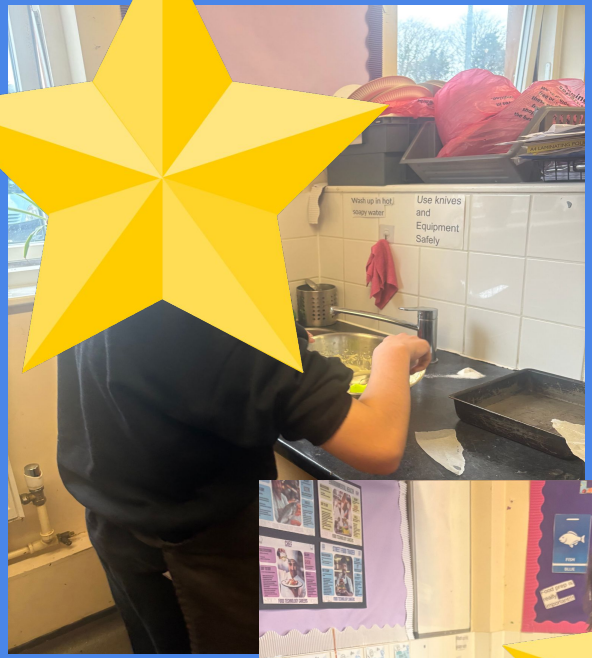
Cooking: For a Hospitality and Catering Assessment year 11 cooked a restaurant inspired Meal for two.
Year 10 and KS3 cooked Honey Butter chicken and Cinnamon rolls
Fantastic effort and engagement from all pupils !!



This week's KS3 cross curricular topic…
Inspired by National Bagel week!!
KS3
KS3 cooked up a tasty lunch for students & staff.






Use knives and Equipment Safely







BookTok books! Get your reading in!

Reading books offers teens stress relief, mental stimulation, better focus, and improved vocabulary, helping with academic success and emotional well-being, yet enjoyment and daily reading among teens are declining, with less than a third enjoying it in 2025, though reading for pleasure is linked to higher life achievement and cognitive skills. Facts include reading books being more beneficial than digital texts for language, improving empathy, and building confidence







ENRICHMENT- Express yourself

Students will have the opportunity to cover a range of areas to ‘express themselves’ during Friday’s enrichment including cooking and arts and crafts and some team building. Clip and Climb is also booked for 23rd January for students to push their boundaries.

ENRICHMENT *Cooking*

EXPRESS YOURSELF!!

Students had a choice of…

Marry me Chicken

Lemon drizzle cake

.

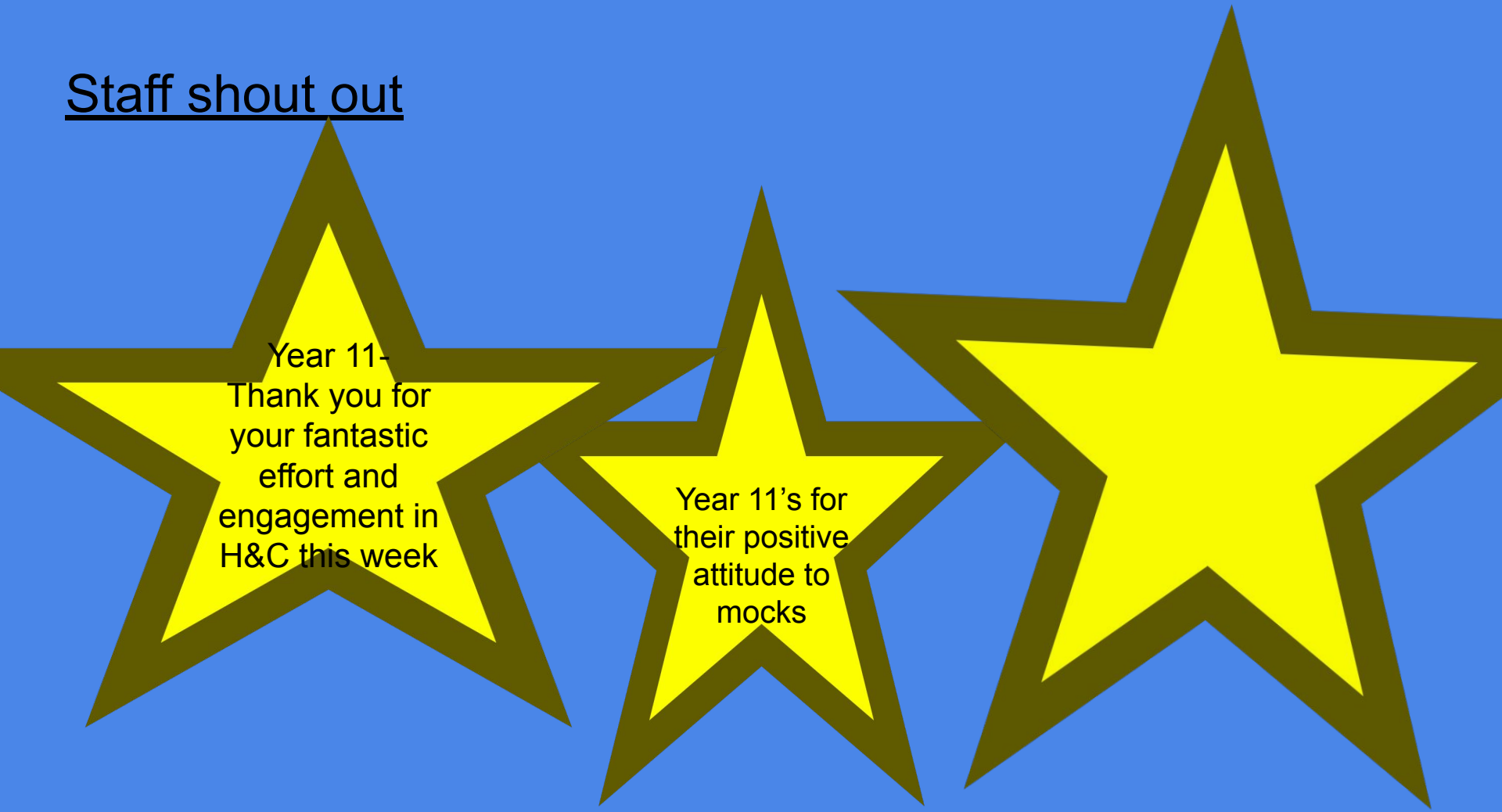
Staff shout out



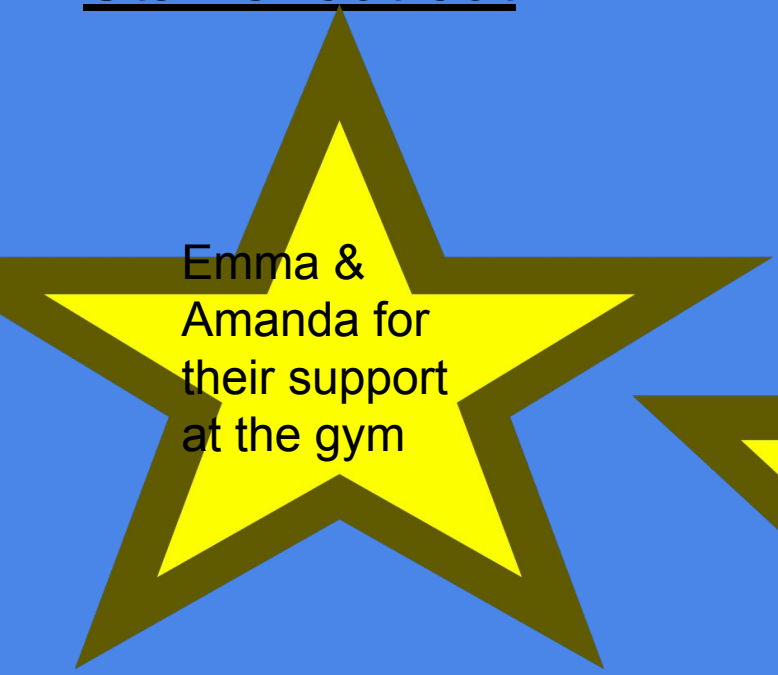




Staff shout out



Staff shout out







Student Shout Out!!!

KS3 for the wonderful lunch.

Lfor a positive start at RVC.

D for washing up and offering staff coffee

J& Sk cake was delicious.

Student Shout Out!!!









Staff Hot Seat.

5 questions in 5 Minutes
This week's staff member is
Questions asked by Becs



- *Favourite animal? Dog woof woof*
- *Favourite holiday destination? Corfu*
- *What made you want to work here? I struggled at school myself and wanted to support others.*
- *Have you ever had a favourite student? Lots*
- *What's your favourite food to cook? Prawn linguine*

Word of the Week

Brief

Definition
Short duration of time, not lasting long

Part Of Speech
Adjective

Synonym
Short period of time

Antonym
Long period of time-(At length)



Oops, wrong type!

100% Attendance!

So this week we have seven 100% attendees at SB RVC. They are: T,H,N,J,SLi,L

Well done to those seven! You have gained 50 extra gold points and a chance to spin the attendance wheel!!!

Dates for the diary:



12th January:Mock exams for year 11. *Done and dusted!!!*

2nd February:Functional skills exams.

9th February:Home Cooking assessment.

Top tips

Do work in small chunks

Set yourself a timetable for revision and take regular rest breaks

Highlight keywords in your work

Ask for support if needed from a trusted adult
Practice past papers

Meet Murphy & Martha Sidlow's therapy dogs.









Murphy’s had a busy week, he has spent some time both at Sidlow and the Phoenix campus! Playing lots with different students and having lots of cuddles!

Martha's weekly diary.

First of all I want to tell you how happy I am at Sidlow. I get lots of treats and cuddles from everyone, which really makes me happy.

This week all the lovely year 11's have been sitting their mock exams, I am very lucky that I get to sit with some of them and get extra hugs and strokes. My Mummy tells me it's because it helps them feel calmer, which I feel very happy about.

I really don't like the rain and my Mummy makes me wear a silly raincoat, which I hate! I'd much rather the snow, then I can play outside. And it also tastes rather yummy!

At the end of everyday I get to sit with all of Mummy's friends while they have a chat, I like sitting next to Steve, as he looks at me really funny and this week he even stroked me. My Mummy tells me I'm very lucky I'm not sure why??

Well guys, I'll write again next week. Hugs Martha

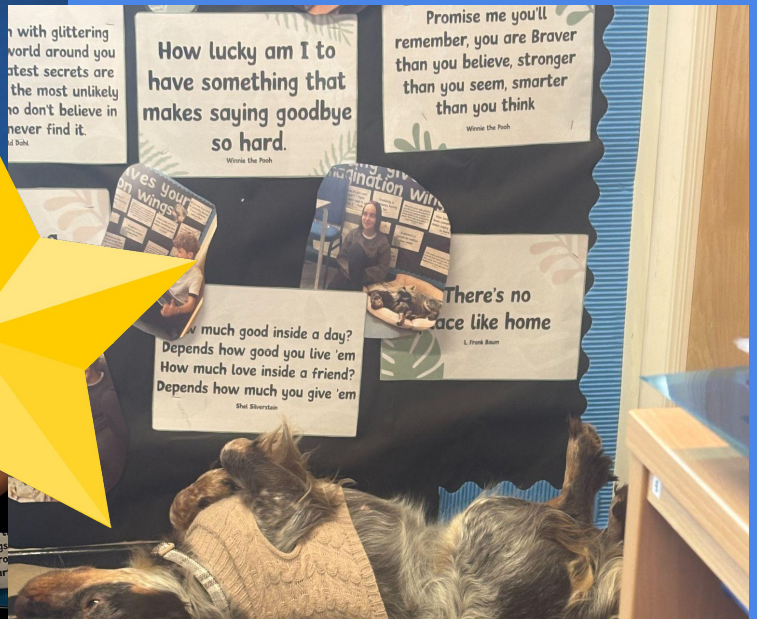


Martha from the brilliant mind of Harry

Martha the fed dog, has been stealing treats out of Jo's bag the fatty.

The treat thief!!







Support for students.
NSPCC Website

https://www.nspcc.org.uk/keeping-children-safe/our-services/working-with-schools/



Shout! Mental health support for students.

85358-shout number

You can always message shout if you have something on your mind.

